What is claimed is:

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 A method for storing and securely managing important information for a user in a database, comprising:

storing synchronizing information, which changes when a portion of the important information is updated, in the database together with the important information, and encrypting the synchronizing information;

distributively storing the encrypted synchronizing information in a plurality of predetermined places; and

combining and decrypting the synchronizing information stored in the predetermined places and determining whether the combined synchronizing information and the decrypted synchronizing information is substantially identical to the synchronizing information stored in the database.

- The method of claim 1, wherein the encrypting comprises encrypting key-data used for encrypting and decrypting the synchronizing information.
- The method of claim 1, wherein the distributively storing the encrypted synchronizing information comprises distributively storing encrypted key-data in said predetermined places.

- The method of claim 1, wherein the encrypting the synchronizing information comprises encrypting the updated important information.
- 5. The method of claim 4, wherein the encrypting the synchronizing information comprises encrypting key data used for encrypting and decrypting the important information.
- The method of claim 5, wherein the distributively storing the encrypted synchronizing information comprises distributively storing the encrypted key-data in predetermined places.
- 7. The method of claim 1, wherein the distributively storing the encrypted synchronizing information comprises distributively storing encrypted important information in said plurality of predetermined places.
- 8. The method of claim 7, wherein the combining, decrypting and determining step comprises combining and decrypting the important information stored in the predetermined places and determining whether the decrypted important information is substantially identical to the important information stored in the database.
 - A content file, comprising:

a header portion having key-data for synchronizing information and synchronizing information distributively stored in a plurality of predetermined places of a hard disc; and

a data portion.

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- 10. The content file of claim 9, said header portion further comprising key-data for digital right management (DRM) information and DRM information distributively stored in said plurality of predetermined places of a hard disc.
- 11. The content file of claim 9, wherein said DRM comprises a number of use times permitted to a user.
 - 12. A content file, comprising:

a header portion having key-data for digital right management (DRM) information and DRM information distributively stored in a plurality of predetermined places of a hard disc; and

a data portion.

- 13. The content file of claim 12, wherein said DRM comprises a number of use times permitted to a user.
- 14. The method of claim 1, wherein said important information comprises Digital Right Management (DRM) information that indicates a number of use times permitted to a user, so as to enable effective performance of DRM.

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